

## One Spirit North Wales & The Confucius Institute (Bangor)

present

# Only Human!

A half-day multi-disciplinary, experiential forum

Exploring what it means, in the context of university research, developments in health & well-being, approaches to teaching & learning and community engagement, to 'be human'.

**Wednesday 22<sup>nd</sup> April 2015**

**Confucius Institute, Alun Roberts Building (Chemistry Tower) 9<sup>th</sup> Floor  
Deiniol Road, Bangor, LL57 2UW**

13:30	Arrival & tea	With guzheng played by Yu Dian
14:00	Opening & introduction	Dr Keith Beasley (Visionary at <i>The BodyMind Institute</i> , facilitator of 'Wisdom at Work' workshops for <i>Bangor Employability Award</i> )
14:05	1	Dr David Joiner – Confucius Institute: Homo sapiens insapiens
14:20	2	James Goodman – Pontio: Enterprise by Design
14:30	3	Helen Newton (One Spirit interfaith minister & spiritual counsellor): Wisdom of the Trees - connecting with the healing energy of the trees using beautifully illustrated cards.
14:50	4	James Goodman/ Kathryn Caine – Pontio: Profi - co-produced social action projects in local secondary schools
15:05	5	Michelle Murphy (One Spirit interfaith minister & spiritual counsellor) – The power of poetry
15:10	Tea & networking	
15:30	6	Dr Sophie Williams – SENERGY & 2-Dragon Garden Project: 'Plant blindness and well-being'
15:50	7	Dr Keith Beasley: A Spectrum of Healing Art, illustrated by participatory 'Mandalas for Reflective Practice'
16:15	8	Sam Kay: The Presence of a good teacher
16:20	9	James Goodman – Pontio: Corneli Cudd - young people making music within a dementia care home setting
16:30	Open discussion	What next? Potential collaborative projects, regular or more extensive event?
17:00	Close & departure	



*Hosted by the Confucius Institute at Bangor University*

*Organised by One Spirit North Wales (OSNW), supported by the Blaker Foundation and the Scientific & Medical Network.*

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